

Save the Date!

Today's seminar is one of three in a speaker series that are occurring this year. Save the following date to engage in further thought provoking discussion!

Thursday
-09.21.17-

Topic: Economic Impact of the Regional Transportation Plan and Sustainable Communities Strategy

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HEALTHY COMMUNITIES SEMINAR

with
San Joaquin Council of
Governments

07.18.17 Event Program

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WELCOME!

What is a healthy community? How do we determine what a healthy community is and how we might be able to work towards healthier communities in the future? What does the health in San Joaquin County currently look like and what are we headed towards? Learn the answers to all of these questions and more in today's seminar. Data shows that air quality, walkability, and access to active transportation all impact the positive and negative health of our communities, and in some cases are the cause for asthma, disease, and higher mortality rates. This seminar is one of three that will be occurring this year, all addressing regional specific issues.

ABOUT



SAN JOAQUIN COUNCIL OF GOVERNMENTS

The San Joaquin Council of Governments (SJCOG) is a joint-powers authority comprised of the County of San Joaquin and the cities of Stockton, Lodi, Manteca, Tracy, Ripon, Escalon, and Lathrop. SJCOG serves as the regional transportation planning agency, which provides a forum for regional decision-making on issues such as growth, transportation, environmental management, housing, open space, air quality, fiscal management, and economic development. SJCOG also takes a look at population statistics, airport land use, habitat and open space planning, and other regional issues.

SPEAKERS



Barbara Alberson

**Senior Deputy Director of Policy and Planning,
San Joaquin County Public Health Services**

Barb Alberson is Senior Deputy Director for Policy and Planning, San Joaquin County Public Health Services. Currently, she is guiding the department through the process to achieve national Accreditation status. Barb also oversees the department's Health Promotion and Chronic Disease Prevention Unit, Maternal Child and Adolescent Health Program, and the WIC program; In addition, Barb leads the department's efforts, working with community partners to address the health impacts of the built environment.

Previously, Ms. Alberson was Chief, State and Local Injury Control Section, California Department of Public Health. During her 23-year tenure, Ms. Alberson and her staff implemented the state's comprehensive injury and violence prevention program. Prior to that, Barb worked for the California Department of Aging and the California Department of Health Services' on initiatives to enable older adults to age in place.

Barb has served as a consultant to many federal agencies and national associations. She earned her BA from UCLA, and her MPH from CSU, Northridge. She loves cats.

SPEAKERS



Lianne Dillon

**Deputy Program Director
California Strategic Growth Council**

Lianne Dillon, MPH, serves as Deputy Program Director for California's Health in All Policies Task Force at the Strategic Growth Council. The Task Force envisions a California government that advances health, equity, and sustainability in all policies. To achieve this vision, staff with the Public Health Institute and the California Department of Public Health, bring together over twenty state agencies, departments, and offices to collaborate on policy development and implementation, with a focus on explicit consideration of health, equity, and environmental sustainability. Ms. Dillon also provides Health in All Policies workshops and trainings for local governments and local health departments and co-authored Health in All Policies: A Guide for State and Local Governments in 2013. She previously worked for the Institute for Local Government, San Diego County Health and Human Services Agency, and a Federally Qualified Health Center in Yolo County.



Michael Nguyen

Senior Government Affairs Representative Health Plan of San Joaquin

Michael Nguyen serves as Senior Government Affairs Rep for Health Plan of San Joaquin. Michael is responsible for researching and evaluating public policy proposals of interest to HPSJ, including legislation and regulatory actions at the local, state and federal levels. Prior to HPSJ, Michael worked for a number of different state senators and for the Senate Health Committee.



Johnathan Yeh

Director of Pharmacy & Clinical Analytics

Speaking in conjunction with Michael Nguyen.

AGENDA

NOTES:

- | | | |
|----------|--|----------------------------|
| 1 | Welcome & House-Keeping | 11:00-11:05 |
| 2 | Obesity Epidemic: healthy eating and active living make a difference!
Presentation by Barbara Alberson <ul style="list-style-type: none">• Questions | 11:05-11:30
11:30-11:35 |
| 3 | Health in All Policies: A state-level approach to improving community health
Presentation by Lianne Dillon <ul style="list-style-type: none">• Questions | 11:35-12:00
12:00-12:05 |
| 4 | Break 10 Mins | 12:05-12:15 |
| 5 | Health Plan of San Joaquin & the Affordable Care Act
Presentation by Michael Nguyen & Jonathan Yeh <ul style="list-style-type: none">• Questions | 12:15-12:35
12:35-12:40 |
| 6 | Closing | 12:40-12:45 |

PARKING:

For your convenience, parking is available at the SJCOG Regional Center; enter the parking lot from American Street. Please park in any space marked "Visitor". There is additional parking available at Public Parking Lot L, located on American Street, just south of Weber Avenue. Additional metered parking is available on Weber Avenue.